

Client: 36687 - Gendarmerie Royale du Canada - Carrousel	Patient: 121396 Spring	DMV: DR Keith Murch
1, Sandridge Rd C.P. 8900 Ottawa, ON K1A 0R2	Équin Hanovrien Hongre 510 kg Jun 20, 2020	2257, County Road 31 Winchester, ON K0C 2K0 613-774-2159 855-238-1393
Date de la Visite: 22-01-24 08:02	Date de sortie:	
Raison de la visite: OCD jarret droit (DIRT)		

Client discharge letter (HEQ Chirurgie) (Case Summary & Instructions)

Summary

Spring, a 1 year and 7 months old gelding Hanovrien, was presented to the Equine Surgery Department on January 24th 2022 for osteochondrosis dissecans (OCD) evaluation of the hocks.

PROBLEMS IDENTIFIED AND PROCEDURES:

- Physical examination (January 24th): Severe distension of the right hock and mild distension of the left one. Weight = 510 kg
- Blood analysis (January 24th): Mild lymphopenia.
- Tarsal X-rays (January 24th):
 - * Right hock: OCD of the distal intermediate ridge of the tibia with synovitis and free fragments in the medial recessus.
 - * Left hock: irregular surface of the distal intermediate ridge of the tibia with a strong suspicion of fragmentation.
- Arthroscopy of both hocks (January 25th): under general anesthesia
 - * Right hock: removal of all the fragments and debridement of the lesion. Mild inflammation was present in the joint.
 - * Left hock: on the left distal intermediate ridge of the tibia, the lesion was debrided.
- Wisconsin (January 25th) : 360 eggs per gram of strongyle and 1 egg of Anoplocephala Perfoliata

The prognosis for life is excellent and the prognosis for sport is good.

RECOMMENDATIONS

1) EXERCISE:

- Please keep Spring on complete stall rest for the next 2 weeks. Then, he can be hand-walked for 2 weeks, starting with 5 minutes twice a day the first week and 10 minutes daily the second one.
- Then, Spring can go in a small paddock (30ft x 30ft) for 4 more weeks, followed by 4 weeks in a larger paddock. After 3 months, if he is doing well and in agreement with your veterinarian, Spring can progressively resume his regular exercise routine.

2) WOUNDS AND BANDAGES :

- Please change the bandages immediately if there are soiled or no longer in place.
- Otherwise, bandages in place on discharge day can be changed in 2-3 days with the material provided at the discharge and using the materials in the order shown in the video:
<https://www.youtube.com/watch?v=chjSzVPpFPg>
- Then, you can change them every 2 to 3 days until suture removal. You can protect them with stable wrap on top.
- Upon each bandage change, please make sure that the incisions are dry, non-swollen, non-painful, and that there is no discharge. If you notice any of these signs, please contact your treating veterinarian immediately.
- Suture removal by your treating veterinarian are due during week of February 8th. The wounds needs to be cleaned with an antiseptic solution prior suture removal. Please do not apply any cream or ointment on it. Apply one last bandage after the suture removal.

IMPORTANT : PLEASE KEEP HIS STALL CLEAN AT ALL TIME TO AVOID CONTAMINATION OR INFECTION OF HIS WOUNDS.

